



RAINBOW CHRISTIAN PRESCHOOL

OCTOBER 2018 NEWSLETTER

*"October gave a party;
The leaves by hundreds came-
The Chestnuts, Oaks, and Maples,
And leaves of every name.
The Sunshine spread a carpet,
And everything was grand,
Miss Weather led the dancing,
Professor Wind the band."
- George Cooper, October's Party*



OCTOBER THEMES/TOPICS



In addition to Fire Prevention and real and make believe, we will continue to observe *Fall*, its bountiful harvest; pumpkins; and to celebrate HALLOWEEN – We will have a special “**Dramatic Play Day**”! Class specific themes will be announced in your child's classroom newsletter.

PARENT WORKSHOP – Fri. Oct. 26



On Friday, October 26, you will have an opportunity to walk in your child's footsteps as you sample some of the activities that take place in our learning centers. Once you learn about the academic, social emotional, physical, and creative development that takes place in the centers, I know that you will agree with us when we say “Play is Work”. More information will be sent home as this event gets closer.

DRAMATIC PLAY DAY FESTIVITIES

- October 31

Our teachers have planned a special day that will include our annual building parade and classroom parties. Your child's teacher will send home more information before the festivities.

FYI...SCREEN TIME IN THE EARLY YEARS

"Many kids use and understand media devices and platforms better than we do. But their technological abilities are often ahead of their emotional maturity and judgment," advises James Steyer, founder of Common Sense Media, in **Work & Family Life** (September 2012; workandfamilylife.com). Steyer shares research results that the impact of screen time have on preschool children:

- A landmark study at the University of Washington showed that for every hour per day that preschool boys spent watching violent TV shows, they had three times the risk of developing behavioral problems at age 7. This was true even when they were watching cartoons on commercial channels, which often have more violence than adult shows.
- For each hour of TV young kids watch, they have a 10 percent higher chance of attention problems at age 7, including restlessness, trouble concentrating, and impulsive behavior.
- Visual images may over stimulate and rewire preschoolers' developing brains. Learning to read and write takes time and patience. Kids who are used to the fast pace and instant gratification of screen media may easily get bored.
- More than two hours daily of screen time also increases the odds that kids will be overweight. They are exposed to a barrage of ads for high-caloric, sugary foods — and when they are sitting in front of a screen, they are not running, jumping, and moving around.

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OCTOBER DATES/EVENTS TO REMEMBER

October Fire Prevention Month
October 5 Music with Mr. Chris
October 8 Columbus Day - **ALL CLOSED**
October 19 LSA Annual Conference (**PKA/EH/RCP CLOSED - After-School OPEN!**)
October 26 Parent Workshop (**EH/After-school - 6PM dismissal**)
October 31 Dramatic Play Day Festivities



FRIDAY, NOVEMBER 9 IS SCHOOL PICTURE DAY!

SAVE THE DATE and preserve a smile - Thursday, November 9 is picture day at Rainbow Christian Preschool! More details will be sent home as the date gets closer.

May the beauty of this glorious season, ablaze by nature's greatest show of colors, brighten your days and lighten your hearts.

Happy Fall!

Carla Ölmez, Director 

