

Monday	Tuesday	Wednesday	Thursday	Friday
Dec 3 WG Bran Flakes Apple 1% Milk	Dec 4 WGR Kix Banana 1% Milk	Dec 5 Wgr French Toast orange 1% Milk	Dec 6 • WW Waffle (2) Apple 1% Milk	Dec 7 WGR Multi Grain Cheerios Plums (2) 1% Milk
Dec 10 wgr Alpha Bits Apple 1% Milk	Dec 11 WGR BB Mini Loaf Banana 1% Milk	Dec 12 WW Waffle (2) Clementine 1% Milk	Dec 13 WW French Toast (2) orange 1% Milk	Dec 14 WGR Multi Grain Cheerios Plums (2) 1% Milk
Dec 17 WGR Toasty Oats Apple 1% Milk	Dec 18 WGR BB Mini Loaf Banana 1% Milk	Dec 19 WW French Toast (2) Pear 1% Milk	Dec 20 WW Pancake (2) orange 1% Milk	Dec 21 wgr Alpha Bits Banana 1% Milk
Dec 24 WG Bran Flakes Apple 1% Milk	Dec 25 Program Closed	Dec 26 WGR LS Corn loaf orange 1% Milk	Dec 27 WW Bagel Cream Cheese Plums (2) 1% Milk	Dec 28 WGR LS Corn loaf orange 1% Milk
Dec 31 Toasted Oats Apple 1% Milk				

Regina Caterers 6409 11th Ave Brooklyn, NY

This institution is an equal opportunity employer

Menu Developed By: Jamie Pittman MS, RDN, CDN

Water is offered at every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dec 3</p> <p>WGR Chk Nuggets Green Beans Clementine Whole Grain Bread 1% Milk</p>	<p>Dec 4</p> <p>Stuffed Shells Chickpea & Bean Salad Green Peas orange Whole Grain Bread 1% Milk</p>	<p>Dec 5</p> <p>Hamburger w/ wgr Bun Roasted Potatoes Apple 1% Milk</p>	<p>Dec 6</p> <p>wgr Pasta & Chicken w/ R std Garlic Normandy Blend Vegetabl es Pear Whole Grain Bread 1% Milk</p>	<p>Dec 7</p> <p>Wgr Cheese Pizza White Beans Tossed Salad Pear 1% Milk</p>
<p>Dec 10</p> <p>Chicken Fingers Italian Blend Veg Clementine Whole Grain Bread 1% Milk</p>	<p>Dec 11</p> <p>wgr Mac N' Cheese Chickpea & Bean Salad Green Peas orange 1% Milk</p>	<p>Dec 12</p> <p>wgr Meatball Hero Broccoli Apple 1% Milk</p>	<p>Dec 13</p> <p>Chicken Parmesan Green Beans Banana Whole Grain Bread 1% Milk</p>	<p>Dec 14</p> <p>Tuna Salad Tossed Salad w/beans Pear WGR Hamburger Bun 1% Milk</p>
<p>Dec 17</p> <p>WGR Chk Nuggets Green Beans Clementine Whole Grain Bread 1% Milk</p>	<p>Dec 18</p> <p>wgr Spaghetti & Meatballs Broccoli orange 1% Milk</p>	<p>Dec 19</p> <p>Salisbury Steak Mashed Potatoes Apple Whole Grain Bread 1% Milk</p>	<p>Dec 20</p> <p>Chicken Patty Collard Greens Whole Grain Bread Banana 1% Milk</p>	<p>Dec 21</p> <p>Wgr Cheese Pizza White Beans Tossed Salad Pear 1% Milk</p>
<p>Dec 24</p> <p>Chicken Fingers Italian Blend Veg Clementine Whole Grain Bread 1% Milk</p>	<p>Dec 25</p> <p>Program Closed</p>	<p>Dec 26</p> <p>Chicken Lo Mein carrots Apple Whole Grain Bread 1% Milk</p>	<p>Dec 27</p> <p>Baked Ziti Mozzarella Cheese Prince Edward Veg Banana 1% Milk</p>	<p>Dec 28</p> <p>Tuna Salad Tossed Salad w/beans Pear WGR Hamburger Bun 1% Milk</p>
<p>Dec 31</p> <p>WGR Chk Nuggets Green Beans Clementine Whole Grain Bread 1% Milk</p>				

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Monday	Tuesday	Wednesday	Thursday	Friday
Dec 3 Apple Strawberry Yogurt	Dec 4 Fruit Mix String Cheese	Dec 5 Banana WGR Waffle Grahams	Dec 6 Applesauce WGR Animal Cracker	Dec 7 Fruit Juice, Asstd Wheat Thins
Dec 10 Diced Pears String Cheese	Dec 11 Clementine Strawberry Yogurt	Dec 12 WGR Grm Crackers Fruit Juice, Asstd	Dec 13 LS Crackers Apple	Dec 14 WGR Animal Cracker Banana
Dec 17 Apple Strawberry Yogurt	Dec 18 Fruit Mix String Cheese	Dec 19 Banana WGR Waffle Grahams	Dec 20 Applesauce WGR Animal Cracker	Dec 21 Fruit Juice, Asstd Wheat Thins
Dec 24 Diced Pears String Cheese	Dec 25 Clementine Strawberry Yogurt	Dec 26 WGR Grm Crackers Fruit Juice, Asstd	Dec 27 Apple LS Crackers	Dec 28 WGR Animal Cracker Banana
Dec 31 Apple Strawberry Yogurt				

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dec 3</p> <p>Breaded Fish Fillet Baby Carrots Clementine Whole Grain Bread 1% Milk</p>	<p>Dec 4</p> <p>wgr Chk Salad Sandwich Tossed Salad Apple 1% Milk</p>	<p>Dec 5</p> <p>Glazed Chk Drum Br Rice and Beans Brussels Sprouts Pear 1% Milk</p>	<p>Dec 6</p> <p>Beef Meatloaf Roasted Potatoes Banana Whole Grain Bread 1% Milk</p>	<p>Dec 7</p> <p>Tuna Salad Tossed Salad w/beans Fruit Mix WGR Hamburger Bun 1% Milk</p>
<p>Dec 10</p> <p>wgr Beef Soft Taco Corn Diced Pears 1% Milk</p>	<p>Dec 11</p> <p>Grilled Chicken Breast carrots Pear Whole Grain Bread 1% Milk</p>	<p>Dec 12</p> <p>Baked Tilapia Potato Nuggets Fruit Mix Whole Grain Bread 1% Milk</p>	<p>Dec 13</p> <p>Wgr Cheese Pizza White Beans Tossed Salad w/beans Plums (2) 1% Milk</p>	<p>Dec 14</p> <p>LS Diced Chicken Breast Brown Rice Oriental Veggie Blend Apple 1% Milk</p>
<p>Dec 17</p> <p>wgr Mac N' Cheese Pinto Beans Cauliflower orange 1% Milk</p>	<p>Dec 18</p> <p>Oven Roasted Turkey Tossed Salad Pear Whole Grain Bread (2) 1% Milk</p>	<p>Dec 19</p> <p>Glazed Chk Drum Br Rice and Beans Brussels Sprouts Banana 1% Milk</p>	<p>Dec 20</p> <p>WGR Fish Sticks Br Rice and Beans Tossed Salad w/beans Plums (2) 1% Milk</p>	<p>Dec 21</p> <p>Hamburger w/ wgr Bun Roasted Potatoes Apple 1% Milk</p>
<p>Dec 24</p> <p>Lasagna Rollette White Beans Green Peas Fruit Mix Whole Grain Bread 1% Milk</p>	<p>Dec 25</p> <p>Program Closed</p>	<p>Dec 26</p> <p>Sliced Turkey Breast Tossed Salad Pear Whole Grain Bread 1% Milk</p>	<p>Dec 27</p> <p>Salisbury Steak Roasted Potatoes Apple Whole Grain Bread 1% Milk</p>	<p>Dec 28</p> <p>Chicken Patty Mixed Vegetables Fruit Mix Whole Grain Bread 1% Milk</p>
<p>Dec 31</p> <p>Breaded Fish Fillet Baby Carrots Clementine Whole Grain Bread 1% Milk</p>				

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