

Water is offered at every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan 1 HOLIDAY	Jan 2 WGR LS Corn loaf orange 1% Milk	Jan 3 WW Pancake (2) Pear 1% Milk	Jan 4 WW Bagel Cream Cheese Plums (2) 1% Milk
Jan 7 WGR Alpha Bits Apple, Sliced 1% Milk	Jan 8 WGR BB Mini Loaf Pear 1% Milk	Jan 9 WW Waffle (2) Banana 1% Milk	Jan 10 WW French Toast (2) Apple 1% Milk	Jan 11 WGR Multi Grain Cheerios Plums (2) 1% Milk
Jan 14 WGR Toasty Oats Tangerine, Mandarin 1% Milk	Jan 15 WGR LS Corn loaf Apple 1% Milk	Jan 16 WW French Toast (2) Pear 1% Milk	Jan 17 Raisin Bread orange 1% Milk	Jan 18 WGR Alpha Bits Banana 1% Milk
Jan 21 WG Bran Flakes Apple 1% Milk	Jan 22 Apple Cinnamon Loaf Tangerine, Mandarin 1% Milk	Jan 23 WW Waffle (2) orange 1% Milk	Jan 24 WW Bagel Cream Cheese Banana 1% Milk	Jan 25 WGR Multi Grain Cheerios Plums (2) 1% Milk
Jan 28 WGR Alpha Bits Apple, Sliced 1% Milk	Jan 29 WGR BB Mini Loaf Pear 1% Milk	Jan 30 WW Pancake (2) orange 1% Milk	Jan 31 Raisin Bread Apple 1% Milk	

Regina Caterers 6409 11th Ave Brooklyn, NY

This institution is an equal opportunity employer

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan 1 HOLIDAY	Jan 2 Burger w/ WGR Bun WGR Hamburger Bun Roasted Potatoes Apple 1% Milk	Jan 3 Mac N' Cheese Chickpea & Bean Salad Green Peas orange 1% Milk	Jan 4 wgr Cheese Pizza White Beans Tossed Salad Pear 1% Milk
Jan 7 Chicken Fingers Whole Grain Bread (2) Green Beans Plums (2) 1% Milk	Jan 8 wgr Spaghetti w/Marinara Italian Blend Veg Banana 1% Milk	Jan 9 Chicken Breast Filet Whole Grain Bread (2) Carrots Clementine (2) 1% Milk	Jan 10 WGR Pasta & Chicken w/ Rstd Garlic Normandy Blend Vegetabl es Pear Whole Grain Bread 1% Milk	Jan 11 Tuna Salad WGR Hamburger Bun Tossed Salad w/beans Apple 1% Milk
Jan 14 wgr Chk Nuggets Whole Grain Bread (2) Green Bean Clementine (2) 1% Milk	Jan 15 Chicken Stew Yellow rice w/black bean Banana 1% Milk	Jan 16 Salisbury Steak Whole Grain Bread Mashed Potato Apple 1% Milk	Jan 17 Chicken Parmesan Whole Grain Bread Green Beans Plums (2) 1% Milk	Jan 18 wgr Cheese Pizza White Beans Tossed Salad Pear 1% Milk
Jan 21 Chicken Fingers Whole Grain Bread Italian Blend Veg Clementine (2) 1% Milk	Jan 22 Arroz con Pollo (diced chk w/yellow rice) Sweet Plantain Banana 1% Milk	Jan 23 WGR Baked Zitti Mozzarella Cheese Prince Edward Veg Plums 1% Milk	Jan 24 Chicken Lo Mein Whole Grain Bread carrots Apple, Sliced 1% Milk	Jan 25 Tuna Salad WGR Hamburger Bun Tossed Salad w/beans Pear 1% Milk
Jan 28 wgr Chk Nuggets Whole Grain Bread (2) Green Bean Clementine (2) 1% Milk	Jan 29 wgr Turkey Meatball Sub Whole Grain Hot Dog Bun Baby Carrots Fruit Mix 1% Milk	Jan 30 Chicken Breast Filet brown rice w/green peas Apple 1% Milk	Jan 31 Burger w/ WGR Bun WGR Hamburger Bun Potato Nuggets Plums (2) 1% Milk	

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Monday	Tuesday	Wednesday	Thursday	Friday
	HOLIDAY Jan 1	WGR Cheez-It Crackers Fruit Cup, diced Jan 2	WGR Waffle Grahams Banana Jan 3	WGR Animal Cracker 100% Fruit Juice, Asstd Jan 4
Apple, Sliced Strawberry Yogurt Jan 7	Fruit Mix String Cheese Jan 8	Wheat Thins orange Jan 9	Applesauce WGR Animal Cracker Jan 10	WGR Waffle Grahams 100% Fruit Juice, Asstd Jan 11
String Cheese Apple, Sliced Jan 14	Strawberry Yogurt Clementine Jan 15	WGR Grm Crackers 100% Fruit Juice, Asstd Jan 16	WGR Cheez-It Crackers Clementine Jan 17	WGR Animal Cracker Banana Jan 18
Strawberry Yogurt Apple, Sliced Jan 21	Fruit Mix String Cheese Jan 22	WGR Animal Cracker Applesauce Jan 23	WGR Waffle Grahams Plums (2) Jan 24	Wheat Thins 100% Fruit Juice, Asstd Jan 25
Apple, Sliced String Cheese Jan 28	WGR Grm Crackers String Cheese Jan 29	WGR Cheez-It Crackers Clementine Jan 30	WGR Animal Cracker Applesauce Jan 31	

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Monday	Tuesday	Wednesday	Thursday	Friday
	Jan 1	Jan 2	Jan 3	Jan 4
		Glazed Chk Drum Br Rice and Beans Brussels Sprouts Pear 1% Milk	Beef Meatloaf Whole Grain Bread Roasted Potatoes Banana 1% Milk	Tuna Salad WGR Hamburger Bun Tossed Salad w/beans Fruit Mix 1% Milk
Jan 7	Jan 8	Jan 9	Jan 10	Jan 11
WGR Beef Soft Taco Corn Tangerine, Mandarin 1% Milk	Grilled Chicken Breast Whole Grain Bread (2) Carrots Diced Pears 1% Milk	Baked Tilapia Whole Grain Bread (2) Potato Nuggets Fruit Mix 1% Milk	Sliced Turkey Breast Whole Grain Bread (2) Tossed Salad PEARS,FRESH 1% Milk	LS Diced Chicken Breast Brown Rice Oriental Veggie Blend Plums (2) 1% Milk
Jan 14	Jan 15	Jan 16	Jan 17	Jan 18
Mac N' Cheese Pinto Beans Cauliflower orange 1% Milk	Sliced Turkey Breast Whole Grain Bread (2) Tossed Salad PEARS,FRESH 1% Milk	Glazed Chk Drum Br Rice and Beans Brussels Sprouts Banana 1% Milk	WGR Fish Sticks Whole Grain Bread (2) Tossed Salad w/beans Tangerine, Mandarin 1% Milk	Burger w/ WGR Bun WGR Hamburger Bun Roasted Potatoes Apple 1% Milk
Jan 21	Jan 22	Jan 23	Jan 24	Jan 25
Lasagna Rollette (2) Whole Grain Bread White Beans Green Peas Fruit Mix 1% Milk	wgr Chk Salad Sandwich Tossed Salad Apple 1% Milk	Sliced Turkey Breast Whole Grain Bread (2) Tossed Salad w/beans PEARS,FRESH 1% Milk	Salisbury Steak Whole Grain Bread (2) Roasted Potatoes Fruit Mix 1% Milk	WGR Chicken Patty WGR Hamburger Bun Mixed Vegetables Apple, Sliced 1% Milk
Jan 28	Jan 29	Jan 30	Jan 31	
Breaded Fish Fillet Whole Grain Bread (2) Baby Carrots Clementine (2) 1% Milk	Glazed Chk Drum Br Rice and Beans Brussels Sprouts Apple 1% Milk	WGR Fish Sticks Whole Grain Bread (2) Corn Tangerine, Mandarin 1% Milk	WGR Chk & Chz Taquito Brown Rice Pinto Beans Pear 1% Milk	

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